

National Life Enrichment Professionals Week

January 20-24 is National Life Enrichment Professionals Week.

Please, take a moment to give members of the Life Enrichment Department a "Thank You" or a pat on the back for all the dedicated work they do creating and implementing wonderful programs for your pleasure!

We are lucky to have so much talent among us!

Cherie Allen, Sherry Beverage, Staci Beverage, Troy Johnson Sr., Cameron Tanous, and Jill Hughes.

January Birthdays

Those born between January 1–19 are Capricorns, the Sea Goat. Capricorn is the most stable and serious sign of the zodiac. Reliable, resourceful, and determined, Capricorns make excellent leaders and managers. Those born between January 20–31 are Aquarius, the Water Bearer. Witty, clever, and honest, they desire independence and aren't afraid to deviate from the crowd to pursue their own interests.

Larry Patchel 1/8/1931

Join us on Monday, January 6, at 2:00 p.m. for our monthly Birthday Party. We will celebrate with Cupcakes and Punch.

Happy New Year

"Here's to a bright **New Year** and a fond farewell to the old; here's to the things that are yet to come, and to the memories that we hold." "May you have a prosperous **New Year**." "Wishing you a **happy**, healthy **New Year**." "May the **New Year** bless you with health, wealth, and happiness."

New Years Wishing Tree

Now is the time each year when we put our best foot forward to make the New Year a terrific one. We are offering everyone an opportunity to share your goals and wishes for this year with your family and friends. Paper stars will be provided the first week in January. The stars will be collected and hung on our New Year's Wishing Tree.



Peaceful Memories

*Our Lady of Peace Christopher Center
751 Hillsdale Drive
Charlottesville, VA 22901*

January 2025

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What's Cooking?
Fridays

Monthly Birthday Party
January 6

Elvis Lives Day
January 8

National Pie Day
January 15

National Tea Month
January 22

Chinese New Year
January 29

Music Entertainment

Music Therapy w' Lindsay
January 7 & 21

We Bring the Music
January 10

Music w' Clara
January 14

Music w' Mathew
January 14

Dennis & The Crew
January 17 & 31

Jodie & Friends
January 27

Please note on Tuesday, January 4 & Thursday, January 6, there will be a light activity schedule due to taking down the holiday decorations.

December was filled with many special moments. Our residents enjoyed welcoming the Season with

decorating their tree, virtual holiday programs, a surprise visit from Santa, and an elegant Holiday Luncheon prepared by our very own Dining Services staff.

The highlight of the month was making Christmas wishes come true.



Our wonderful staff made sure all residents received a special present under the Christmas tree.



A heartfelt thank you goes out to everyone involved in making December a joyful time for our residents.



JANUARY ENTERTAINMENT AND SPECIAL EVENTS

Sundays at 9:30 am Life Enrichment staff will lead bible stories, bible trivia, Hymns and Devotions.

Wednesdays at 11:00 am Pastoral Counselor, Obie Sue will lead Hymns, Devotions, Prayer, Scripture & Inspirational stories.

What's Cooking?

The Christopher Center residents will have the opportunity to join their friends in the sunroom on Fridays at 9:30 a.m., to learn new recipes, share ingredients & labor, and try new cuisines as they socialize with one another while cooking.

Elvis Lives Day

Happy Birthday, Elvis! "**The King**" was born in Tupelo, Mississippi, on January 8, in 1935. In honor of Elvis Presley birthday we'll celebrate with a 50's party theme on Wednesday, January 8, at 2:00 p.m. We'll get the house rocking' while listening to some of his most popular songs reminisce about the musical contributions in his life while nibbling on a warm piece of bread pudding.



National Pie Day

Remember the aroma of fresh baked pies coming from Grandma's kitchen and the excitement of waiting for the pies to come out of the oven? Wednesday, January 15, at 2:00 p.m., we will take you back to the good ole days as we celebrate National Pie Day. We will enjoy baking a variety of pies and eating them for afternoon snacks.

National Hot Tea Month

National Hot Tea Month reminds us that the best way to survive the bitterly cold January days is with a long bath, candles lit, and cup after cup of hot tea. Do yourself a favor and enjoy tea as much as you want this month! In honor of National Tea Month, Wednesday, January 22, at 2:00 p.m., we'll enjoy a delicious cup of flavored tea and an assortment of finger sandwiches. Come enjoy fellowship with your neighbors!



Chinese New Year

Chinese lunar New Year is commonly known as Chinese New Year or spring festival. This is an important annual festival celebrated by Chinese around the globe. The festival is based on the Chinese calendar and starts on the first month (as per the Chinese calendar) and ends on the fifteenth day of the first month. This year, 2025, is the Year of the Snake. Wednesday, January 29, at 2:00 p.m., we will celebrate Chinese New Year with a discovery discussion for the Chinese New Year and learn the meanings of the Chinese Zodiac signs. The residents will have the opportunity to enjoy eggrolls, green tea, and fortune cookies for their morning snack.

Music Entertainment

The Music in Me

Join Music Therapist, **Lindsay Taylor** on Tuesday, January 7 & 21, at 2:00 pm, in the Christopher Center Living Room for a fun filled hour of music and song as she entertains us with her talented musical abilities.

We Bring the Music

Founded in October, 2007, the mission of We Bring the Music is to bring joyful noises to quiet lives. We bring live concerts, performed by local professional musicians, to residents of nursing homes, assisted living facilities, and adult care facilities in Albemarle County, VA. We now serve twelve facilities for the elderly once a month each. These concerts benefit both the residents and the performing musicians by increasing social interaction for the elderly and providing a venue for the musicians to hone their skills and heighten their awareness of the conditions of the confined. This month we will enjoy music from saxophonist & clarinet player **Ken Mathews**. Ken focuses on jazz from the 1930s-40s with a nod to New Orleans. Join your neighbors on Friday, January 10, at 2:00 p.m., in the Christopher Center Living Room for a fun filled hour of music and song.

Sing Along w' Clara (Front Porch)

The Front Porch is a nonprofit music school and venue, dedicated to connecting everyone through music, offering classes, concerts, and community outreach. Entertainer, **Clara George** will be here on Tuesday, January 14, at 11:00 a.m., in the Christopher Center Sun Room.

Dennis & The Crew

Join your friends in the Christopher Center Living Room on Friday, January 17th & 31st, at 2:00 p.m., for a stomping good time as family volunteer, Dennis Moler and his Crew perform a variety of songs from all different era's.

Music with Matthew

Entertainer, **Matthew O'Donnell** will be here on Tuesday, January 14, at 2:00 p.m., in the Christopher Center Living Room. Matthew will entertain you with Celtic Folk, American Roots, Jazz and Pop Music all played on traditional folk instruments such as the accordion, steel guitar, tenor banjo, fiddle, tin whistle and bodhran. Join him as he delights you with his musical talents, great sense of humor, storytelling and lively audience interaction to make for an enthralling and unique performance sure to leave the crowd wanting more.

Jodi Stevens & Friends

Join your neighbors, in the Living Room, for an afternoon of fellowship and fun on Monday, January 27, at 2:00 p.m., for a sing-a-long with **Jodi Stevens and Friends**.