#### March Birthdays

Those born from March 1–20 are Pisces, the Fish. Like fish, Pisces like to go with the flow in an easy going manner, If you were born between March 21–31, you are Aries, the Ram. These independent adventurers like to strike out on their own and are natural leaders.

 Nancy Townsend
 03/04/1935

 Kathy Parodi
 03/13/1945

 Ellen Vieth
 03/28/1950

The Christopher Center family will celebrate
March birthdays on Friday, March 14, at 10:00 am
during our monthly birthday bash.

We will celebrate with cupcakes & punch.



# Monthly Movie Matinee "Troop Beverly Hills"

This month marks the anniversary of the founding of the Girl Scouts (Mar.12,1912). In honor of Girl Scout Day we'll watch the movie "**Troop Beverly Hills**" on Thursday, March 13, at

2:00 p.m. Starring, Cheech Marin, Joyce Brothers, Betty Thomas, and Stephanie Beacham. The Christopher Center family will enjoy nibbling on a variety of Girl Scout Cookies during their afternoon movie.

Synopsis: Outrageously wealthy Beverly Hills housewife Phyllis Nefler (Shelley Long) becomes the leader of her daughter's Wilderness Girls troop. Though she's more accustomed to Gucci bags than sleeping bags, Phyllis is determined to show Freddy that she is the same energetic and resourceful woman that he fell in love with...but she never realized that proving her devotion would require her to touch dirt and bugs!

## Peaceful Memories



Our Lady of Peace Christopher Center 751 Hillsdale Drive Charlottesville, VA 22901

Volume 23, Issue 3

March 2025

Happenings in March
What's Cooking?

Fridays

Cherry Tree Day

March 5

Potato Chip Day

March 12

Movie Matinee
"Troop Beverly Hills"

March 13

**Monthly Birthday Party** 

March 14

We Bring the Music
"Rick Larue"

March 14

St. Patrick's Party

March 17

Coca-Cola Day

March 26

#### **Music Entertainment**

Music w' Clara

March 4

Music Therapy w' Lindsay

March 4 & 18

Music & Fun w' Eileen

March 13
We Bring the Music

"Rick Larue"

March 14

Jodie & Friends

March 24

Dennis & The Crew

March 28

### Mardi Gras

In French, Mardi Gras means "Fat Tuesday" and is celebrated before Ash Wednesday as a last "fling" prior to the 40 days of Lent which precedes Easter. The word "carnival" comes

from an old Italian word that means "go without or removal of meat." Festivals like Mardi Gras sprang up throughout Europe as a means to prepare for the coming times of self denial. Tuesday, March 4, at 9:30 a.m. we'll celebrate Mardi Gras in true New Orleans fashion. We will enjoy nibbling on a king cake and wearing masks and beads in the traditional Mardi Gras colors purple, green and gold.

### St. Patrick's Party

St. Patrick's Day is celebrated on March 17. This religious feast day is celebrated on the

anniversary of St. Patrick's death in the fifth century. The Irish have observed this day as a religious holiday for over a thousand years.

Lenten prohibitions against the consumption of meat are waived and people dance, drink, and feast on the traditional meal of Irish bacon and cabbage. We will celebrate St. Patrick's Day on Monday, March 17, at 2:00 p.m. We will learn about Irish Folklore and Irish Blessings while enjoying sipping on a Shamrock Shake. Don't forget to wear your **GREEN** if you do not want to get pinched by the Leprechaun!



Sundays at 9:30 am Activity staff will lead bible stories, bible trivia, Hymns & Devotions.

Wednesdays at 11:00 am Pastoral Counselor, Obie Sue will lead Hymns, Devotions, Prayer, Scripture & Inspirational stories.

#### The Cat in the Hat

This month is the birth anniversary of **Theodor Seuss Geisel** (1904–1991), creator of rhyming books for children. Seuss received the Pulitzer Prize in 1984 "for his contribution over nearly half a century to the education and enjoyment of...children and their parents." The Christopher Center residents will have the opportunity to celebrate The Cat in the Hat Day throughout the month of March. On Monday, March 3rd, 10th, and 31st, at 2:00 p.m. as Volunteer,

#### **Cherry Tree Day**

This month marks the 102nd anniversary of the planting of the first cherry trees in Washington, D.C. First Lady Helen Taft, wife of U.S. President William Howard Taft, and the wife of the Japanese Ambassador planted two Yoshino cherry trees near the Potomac Tidal Basin. The two trees were a part of a gift of 3,000 trees from the Japanese government. Wednesday, March 5, at 2:00 p.m. We will honor Cherry Tree Day by making a water bottle cherry blossom painting.

#### Potato Chip Day

March is National Potato Chip month. They were invented in 1853. As a world food, potatoes are second in human consumption only to rice. And as thin, salted, crisp chips, they are America's favorite snack food. Wednesday, March 12, at 2:00 p.m., we'll celebrate potato chip day with a Potato Chip and Dip Social. We will learn fun facts about potato chips, how to make them and discuss the eight oldest potato chip brands in the world.

#### What Does Your Name Mean?

Kellie Shantz will lead residents in a reading group.

Learn What Your Name Means Day is celebrated this month. Do you know the origin of your surname? What does your first name mean? If your name is Nancy, you are gracious. If your name is Robert, you are famous. Wednesday, March 19, at 2:00 pm the residents will enjoy learning the meaning of their first name.

### Coca-Cola Day

During this month in 1886, the first batch of Coca-Cola was brewed over a fire in a backyard in Atlanta, Georgia. Dr. John Pemberton had created the concoction as a cure for hangovers, stomachaches, and headaches. He advertised it as a "brain tonic and intellectual beverage." It was first sold to the public a few weeks later on May 8. In honor of Coca-Cola Day Wednesday, March 26, at 2:00 p.m., We'll learn the history of Coca Cola while slurping on "Coke Floats."



#### The Music in Me

Join Music Therapist, Lindsay Taylor on Tuesday, March 4 & 18, at 2:00 pm, in the Christopher Center Living Room for a fun filled hour of music and song as she entertains us with her talented musical abilities.

#### Sing Along w' Clara (Front Porch)

The Front Porch is a nonprofit music school and venue, dedicated to connecting everyone through music, offering classes, concerts, and community outreach. Entertainer, **Clara George** will be here on Tuesday, March 4, at 11:00 a.m., in the Christoper Center Sun Room.

#### Music and Fun

Join resident volunteer, **Eileen Bracuti**, for "Music & Fun on Thursday, March 13, at 10:30 a.m., in the Christopher Center Sun Room as she plays her guitar and shares jokes.

#### We Bring the Music

Graduate of University of Miami School of Music. Performed with Miami Symphony, Florida International University Jazz Band, Vassar Clements, the Volunteers and the Mavericks. Directed High School, Middle School and Elementary Orchestras and Guitar and Theory classes in Florida and Virginia. Studio violin, guitar and mandolin instructor. Currently performing with the Lynchburg Symphony various classical, jazz and rock groups, and teaching violin and guitar. Join Rick on Friday, March 14, at 2:00 p.m., in the Living Room for a fun filled hour of music and song.

#### Dennis & The Crew

Join your friends in the Christopher Center Living Room on Friday, March 21st & 28th, at 2:00 p.m., for a stomping good time as family volunteer, Dennis Moler and his Crew perform a variety of songs from all different era's.

#### Jodi Stevens & Friends

Join your neighbors, in the Living Room, for an afternoon of fellowship and fun on Monday, March 24, at 2:00 p.m., for a sing-a-long with **Jodi Stevens and Friends.**