

Residents had lots of fun making "Grass Heads"
We are all excited to watch as their hair grows, and grows, and grows!



April 2025

Tiding of Peace

VOLUME 33

ISSUE 4



Out to Lunches

We will be going on two out to lunches this month. On **Tuesday, April 15**, we will travel to Harrisonburg for lunch at **Red Lobster**.

Enjoy dishes like Steak and Lobster, Lobster & Cajun Chicken Linguini Alfredo, and Grilled Lobster, Steak, and Salmon, to name a few.

This trip will be **approximately** three to four hours in length and is not appropriate for all.

Sign up at the mailboxes starting **Tuesday, April 8**. We will meet in the main lobby at **10:00 am**

~Taken in part from Red Lobster webpage~

Spring Song

Author Unknown

Frogs croak
Rains soak
Chicks peep
Crickets leap
Bees hum
Robins come
Birds sing
It's spring!



On **Thursday, April 24**, we will be going to

Maple Pine Breakfast & Thai Kitchen. They serve both breakfast and Thai food. Choose from breakfast items like Smoked Salmon Benedict with truffle hollandaise, poached eggs, baby spinach side salad and English muffin, or French toast baguettes, or try out their Thai lunch items. Pad Thai traditional noodle dish, with thin rice noodles, eggs, crushed peanuts, bean sprouts, and scallion, and so much more. We will meet in the main lobby at **10:45**. **Sign up** at the mail boxes starting **Thursday, April 17**.

~Taken in part from Maple Pine Thai Kitchen webpage~



**Independent and Assisted Living
Resident Council Meeting**

Will be held on Wednesday, **April 16**, in the DePiro Room. The meeting will start promptly at 1:30. Per your request, Department Managers will be available for questions and comments. Everyone is welcome and encouraged to attend!

UVA Fralin Art Museum

Representative **Kristen Nassif**, Curator of Collections, from the Fralin Art Museum will be here on **Monday, April 21, at 2:00** in the theater and will give a presentation about the museum and some of its collections. More info will be forthcoming.

Two Documentary Series in April: The Appalachians and Prohibition

The Appalachians

The Appalachian mountains have been called America's "first frontier." The story of these brave pioneers who settled this great wilderness is the story of America: immigration, settlement, the Revolution and the Civil War, the growth of industry and the use and abuse of land. In this **three hour** film you will learn of the history of a land and its people, told in story and song. We will show this documentary on **Tuesday, April 1, at 1:30** in the theater.

Prohibition

This three-part documentary series by Ken Burns and Lynn Novick tells the fascinating story of idealism, folly, and above all, unintended consequences. We will show this two part movie on **Wednesday, April 9**, starting with **part one at 10:00** and **part two at 1:30** in the theater.

Resident Birthdays

Betty White	3 rd
Sandra Shifflett	3 rd
Sandra Baliff	4 th
Eileen Bracuti	9 th
Joe Giovanelli	9 th
Laurie Johnson	10 th
JoAnne Peach	10 th
Margarete Rice	10 th
Miles Townsend	16 th
Caryl Mueser	18 th
JoAnn Braswell	29 th



We will celebrate resident April Birthdays on Tuesday, April 22 at your regular dinner seating.

Staff Birthdays

Shanna Miller	2 nd
Daisy Nibblins	2 nd
Stacey Turner	5 th
Paulette Battle	6 th
Troy Johnson Sr.	6 th
Lanasia Christian	11 th
Phillippa Gyamfi	14 th
Matthew Akanmu	19 th
Cherie Allen	25 th
Linda Smith	25 th
Etta Wimbish	27 th
Kyazia Booker	28 th
Helen Baker	29 th



Upcoming Events in May

- **Sunday, May 4, at 3:30 Cville-Band Concert** at Piedmont Community College.
- **Antique Car Show**
- **Save the date! We will be hosting a benefit Car Show on Saturday, May 17, from 11:00-2:00** in our front parking lot. All proceeds from this event will go to **We Bring the Music**. Invite your family and friends to join you for this event.
- **Lunch Outings to Blue Ridge Brewery and Azteca date & time TBA**
- **Evening Social on the Front Porch Date & Time TBA**
- **Mother's Day Project**
If you have an interest in participating in a Mother's Day Project to be displayed in May, please **let the Life Enrichment team know by Monday, April 7**. We are thinking of typing up a short profile about your mother with information you provide and display them the week of Mother's Day.
- We would also like to see who may be interested in going **Bowling**, or to play **Putt-Putt Golf**. Let us know by **Monday, April 7**.

The Easter story, a cornerstone of Christian faith, recounts Jesus's crucifixion, death, and subsequent resurrection, symbolizing hope, new life, and the triumph of good over evil. It's a reminder of God's love and the promise of eternal life for those who believe. The Easter story calls us to live in a way that reflects the love and grace of Christ, extending compassion and forgiveness to others. It encourages hope and renewal, reminding us that even in the face of darkness and despair, there is always the possibility of a brighter future.



Special events commemorating this holy season:

Friday, April 4, 2:00 "Paraklesis Service" by Monsignor Hanley, Officiant, Transfiguration Greek Orthodox Church and Rachel Lindberg, Cantor; DePiro Room

Saturday, April 5, 10:30 "A Tapestry of Love: Remembering You, Caring for You, Praying for You" presented by Valimer Jansen; DePiro Room

Monday April 7, 1:15, Lenten Study; Chapel

Thursday, April 10, 2:00 "Pascha" Monsignor Hanley, presenter. Following the discussion, Monsignor will visit resident apartments to offer a special blessing. If you are interested in receiving a blessing, please contact Mike or Obie Sue.

Sunday, April 13 (Palm Sunday) 2:00, Protestant Worship Service; Chapel; 3:30, Catholic Mass; DePiro Room

Monday, April 14, 1:15, Lenten Study; Chapel

Thursday, April 17, Maundy Thursday 2:00 "Dramatic Readings", including residents and staff; Dining Room

Sunday, April 20 (Easter), 2:00, Protestant Worship Service; Chapel; 3:30 Catholic Mass

Monday, April 21, 1:15, Lenten Study (final session)

Still Standing

Still Standing is an activity that we started back in January. The activity comprises of two (or possibly more) short videos, and then a discussion afterward. Each video is an informative, well-documented look into some of the longest-lasting professions and cultures around the world. This is a great way to learn and appreciate how wide this world is, along with the colorful people who make it up. Join us on **Friday, April 4, and 18, at 10:15** in the **Theater**.

Foreign Phrases

The English language borrows many phrases from other languages... "Pro Bono," "Modus Operand:" "Bon Voyage." Do you know what they mean? Come and test your knowledge of languages from around the world in this interactive challenge on **Saturday, April 12, at 2:00** in the **Lounge**.

Haiku Yomi/kaki

Join your friends for this relaxing group activity where we will read and discuss some famous haiku-style poetry. Then stretch your creative muscles when we write our own poem! **Monday, April 14, at 11:00** in the **card room**.

Spring Photo Shoot

We will be doing a spring photo shoot on **Monday, April 21, at 3:30** on the front porch weather permitting. Put on your bright spring colors and come have your picture taken.

Bird Call Trivia

We hear birds everyday, but rarely do we sit and connect a type of bird to its call. In this group activity, we will listen to local calls and try to match them with the correct birds. Join us on **Friday, April 25, at 10:15** in the Lounge.

Picnic at Pen Park

Join us on **Tuesday, April 29**, for a picnic at Pen Park. We will take with us all the fixings for turkey, ham, and cheese sandwiches along with sides and dessert. Drinks will also be provided. We may play some cornhole and listen to music as we enjoy the lovely spring weather. We will **leave OLOP at 11:15**. If you would like to go **sign up at the mailboxes** on **Tuesday, April 22**. This outing may not be suitable for all. Check with the Life Enrichment team if you have questions.



Virginia History with Rick Britton

Come hear historian **Rick Britton** twice in April. On **Monday, April 7, at 2:00**, Rick will present **“Kings of the Ring; UVA’s Boxing Team.”** Boxing at UVA? Yep! University boxing commenced in the 1920’s. Ten years later, the UVA boxers were considered the best amateur pugilists anywhere.

Come hear this story! On **Monday, April 28, at 2:00**, Rick will deliver **“Thomas Jefferson; Episodes of a Life Well-Lived.”** Working from a barebones outline, Rick will discuss some of his favorite tales regarding the “Sage of Monticello.”

Hearing at Home

A representative from **Hearing at Home** will be in the Chapel on **Wednesday, April 9, at 10:30** in the Chapel. While they are not able to repair your hearing aids, they do offer free cleanings, minor work, and answer your questions about your hearing aids.

National Library Outreach Day

National Library Outreach Day (formally National Bookmobile Day) celebrates library outreach and the dedicated library professionals who are meeting their patrons where they are. **Wednesday, April 9**, is our first Bookmobile Day of April. I will have a Thank You card for those of you that use the bookmobile and would like to sign it. It will be in the Life Enrichment room on **Monday, March 31**.

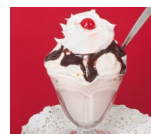
Animal crackers

are a common food item you probably remember from childhood. Animal biscuit crackers were made and distributed under the National Biscuit Company banner. In 1902, animal crackers officially became known as “Barnum’s Animals” and evoked the familiar circus theme of the Barnum and Bailey Circus. Stop by the **1st Floor Lobby** on **Friday, April 18, at 1:30** and grab a baggie of Animal Crackers to go!



Cherry Sundae

Sundaes are an ice cream frozen dessert of American origin that typically consists of one or more scoops of ice cream topped with a sweet sauce or syrup and other toppings like whipped cream, cherries, and so much more. We will be handing out Cherry Sundaes on the **1st Floor Lobby** on **Monday, April 28, at 1:30**. Stop by and pick up a Cherry Sundae to go!



Happenings in April

Join fellow resident **Joe Giovanelli** in the **DePiro Room** on **Wednesday, April 2, at 2:00**. Joe will be playing songs about April & Spring! Invite a friend and enjoy the show!

Join fellow resident **Bill Porter** for an evening of music and songs on **Wednesday, April 9 at 6:30** in the **Main Lobby**.

Friday, April 18, at 2:00 in the **DePiro Room**. We Bring the Music has brought us **Stephanie Nakasian** once again for an encore performance. Come listen to her beautiful voice and music. Bring a friend!

Burnished Brass

Burnished Brass will be presenting a program of music written for brass quintet including selections from the Great American Songbook, Broadway, and the Classical repertoire. Join them on **Wednesday, April 23, at 2:00** in the **Dining room**. OLOP’s own **Bill Porter** will add some of his piano renderings to the program as well.

Come and listen to some new tunes that will get your toes tapping while you hum along to a few old favorites.

Jodie and Friends will be back on **Wednesday, April 30, at 2:00** in the **Main Lobby**. Join them for music and songs. Song books will be provided and they encourage you to sing along with them.

Volunteer **Elizabeth Waterbury** will be here on the following **Wednesdays** in **April; 16, 23, and 30th, at 3:30** in the **Library**.

She is very knowledgeable in **teaching** and **showing** you how to use your devices such as I-Pads, Tablets, Cell Phones, etc... She is **unable to fix or repair them**.

Volunteer **Fred Schneider** will be showing the following movies on **Sundays at 6:30** in the Theater. This months theme is: **Major Motion Picture Musicals**.

April 6 ~ My Fair Lady

April 13 ~ The Color Purple

April 20 ~ The Lion King

April 27 ~ The King and I

Please turn off your cells phones before entering the Theater! Thank you